

This activity pack belongs to:

Glitter Girls™

**Growth
Mindset**

**Let's learn, grow,
and sparkle our
brightest!**

MY POSITIVE AFFIRMATIONS



Trace the sentences below, then
add 2 affirmations of your own!



I believe in myself.

I am amazing.

I always do my best.





MY STRENGTHS



Write down what you are good at.
Big or small, there are no wrong answers!

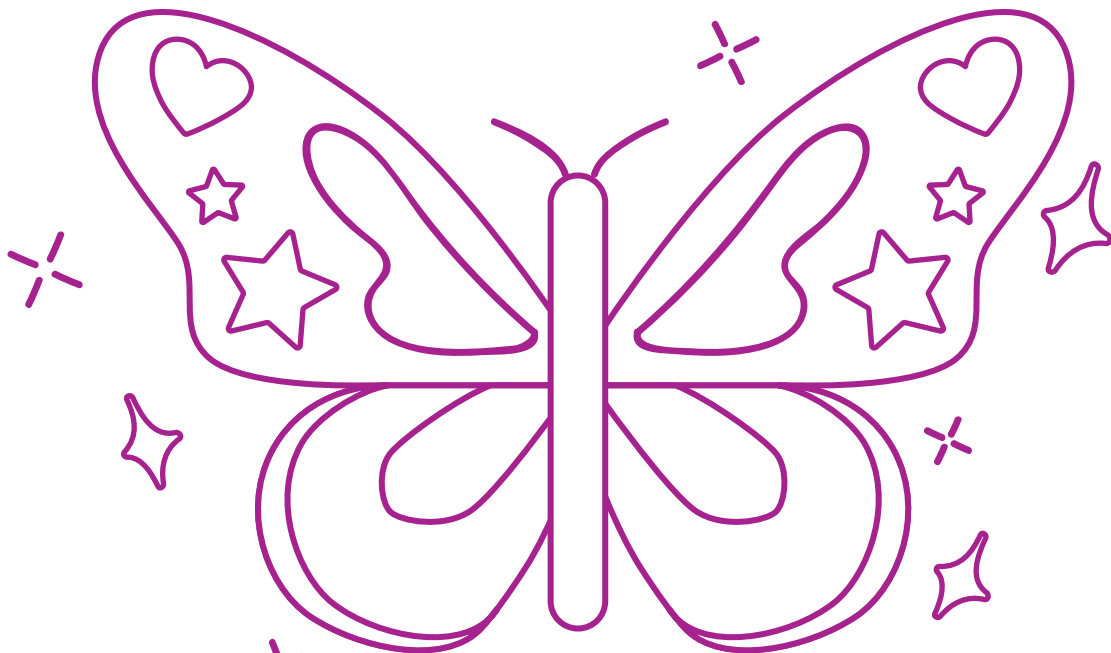
1. Being myself!

2. _____

3. _____

4. _____

5. _____





I SHINE
BRIGHT

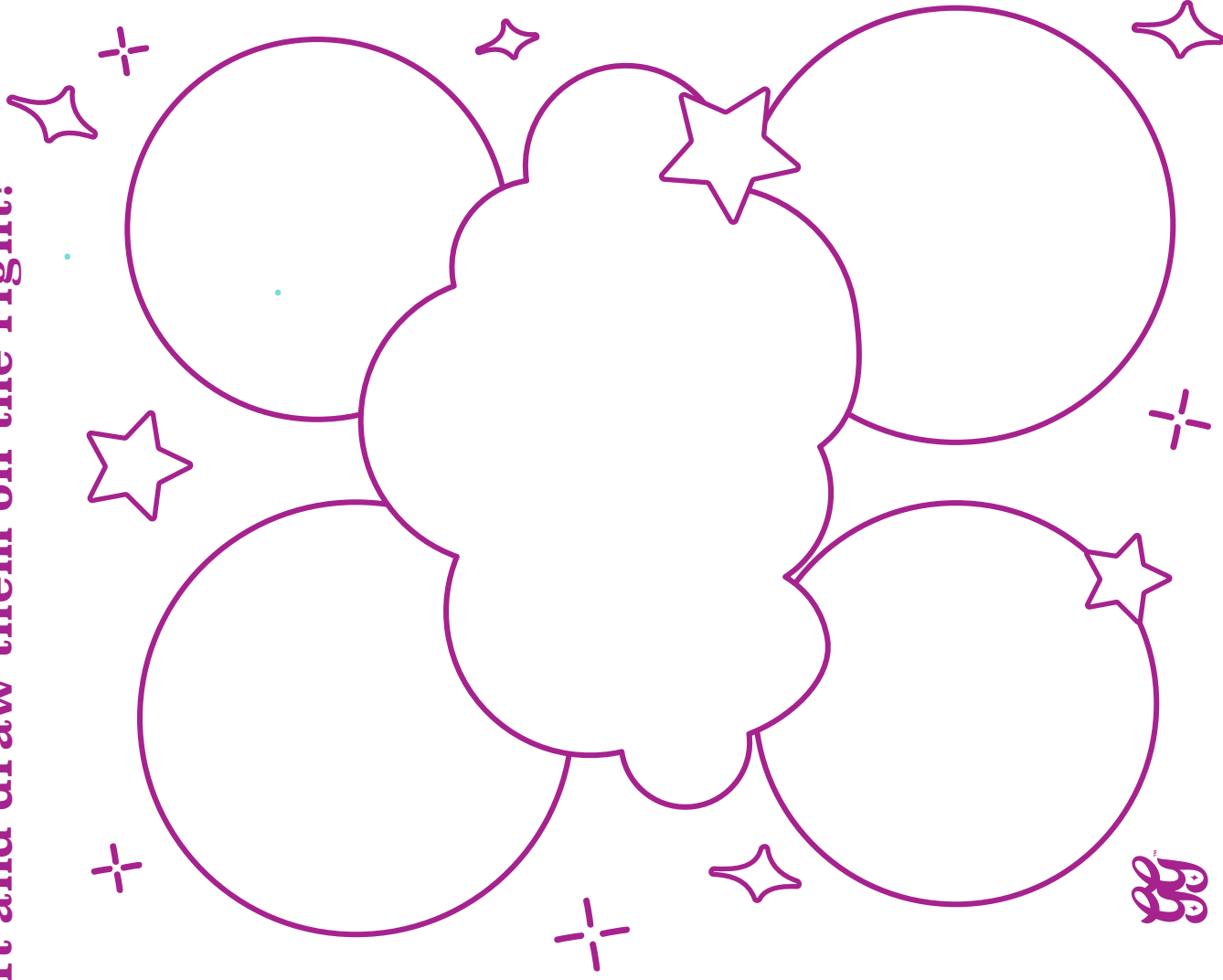




MY GOALS FOR 2024

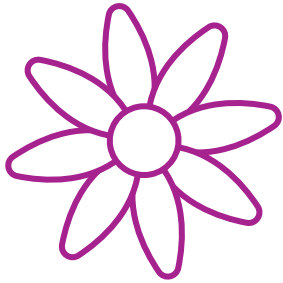


List your goals on the left and draw them on the right!

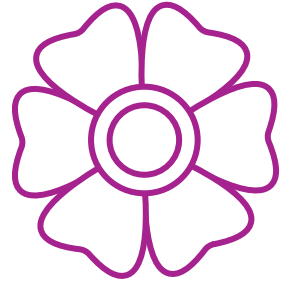




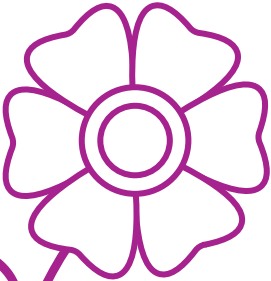
Color in the words of affirmation!
What does each word mean to you?



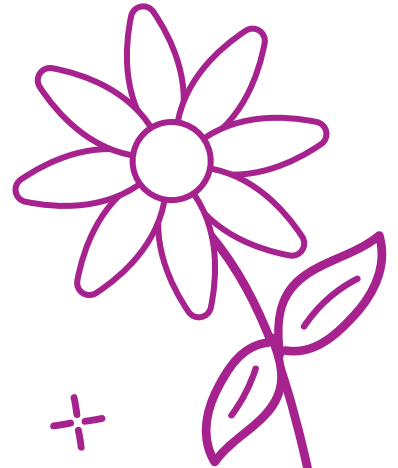
DREAM



LOVE



GROW



BE PROUD



STAY POSITIVE

